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Author / Tahun	Outco me	Intervention (Mean (SD))					Control (Mean (SD))					Gro up p- valu e	95% CI	p-value	
		Baseline	Two Months	Four Months	Effect Size	p- value	Baseline	Two Month	Four Months	Effect Size	p- value				
David (2011)	Depre si	1.28 (0.98)	1.07 (1.05)	NA	NA	>0.00 5	1.35 (0.93)	0.99 (0.87)	NA	NA	0.980 0.997	0.38 3 6	NA	NA	
	Cema s	1.06 (0.77)	0.96 (0.94)			0.980	1.06 (0.79)	0.96 (0.77)							
	Depre si	20.24 (12.53)	9.94			<0.00 1	14.86 (10.16)	6.75 (7.98)	5.44 (8.62)	0.37	<0.00 1				
Badge (2013)	Cema s	36.65 (11.46)	10.56 (10.03)	(11.47)	0.18	<0.01 1	35.78 (10.89)	30.72 (8.37)	30.72 (8.56)	0.08	<0.01 0.11	NA	NA	NA	
	Stress	18.29 (6.95)	14.12 (6.88)	12.74 (7.11)	0.12	<0.00 1	14.50 (7.55)	11.47 (7.14)	10.19 (7.27)						
	Depre si	29.00 (13.01)					21.04 (11.17)	21.59 (11.97)				0.00 5			
Mirma hmudi (2020)	Cema s	31.18 (14.05)	17.18(9.46) 23.50 (11.35)	NA	NA	<0.00 1 0.007	25.41 (14.99)	35 (13.52)	NA	NA	0.86 0.006 0.39	<0.0 01 0.00	NA	0.001 0.005	
	Stress	33.68 (7.25)	28.09 (4.82)			0.001	28.64 (3)	28.04 (2.28)				3			
Author / Tahun	Outco me	Intervention					Control					Effect Size	95% CI	p- value 6 Wee ks	p- value 10 Weeks
		Baseline	6 Weeks	10 Weeks	Effect Size	Baseline	6 Weeks	10 Weeks							
		17.62 (4.93)	8.59 (3.17)	8.22 (2.95)	2.43	16.01 (5.09)	15.86 (4.19)	17.26 (4.28)	N/A	N/A	0.226	<0.0 01	<0.0 01		
Author / Tahun	Outco me	Psychoeducation			Counselling			Control			p-value				
		Baseline	Three Months	18 Months	Baseline	Three Months	18 Months	Baseline	Three Months	18 Months					
	Al Sulaim an (2018)	Depre si	13.02	3.37	1.08	16.29	6.21	2	14.14	16.8	5.04	<0.001			
	Cema s	13.27	4.49	0.8	15.96	4.72	1	14.7	17.96	6.02	<0.001				
		22.34	10.15	0.6	22.15	10.01	1.02	20.95	24.81	3.64					

Stress										
Author / Tahun	Outco me	Intervention			Control			95% CI	Effect Size	p-value
		Baseline	12 Months	p-value	Baseline	12 Months	p-value			
Gie Davis (2016)	Depre si	16.2 (9.6)	-0.41 (0.97)	0.001	15.3 (10.5)	-0.09 (1.11)	0.68	-2.41- (-1.56)	0.30	0.0001
Author / Tahun	Outco me	Intervention (APAD)			Control			Effect size		p-value
		Baseline	18 Weeks AMD95%CI	26 Weeks AMD95%CI	Baseline	18 Weeks AMD95% %CI	26 Weeks AMD95% CI	18 weeks	26 weeks	
Caray ol (2019)	Depre si	10.1 (3.4)	-1.36 (-2.05;- 0.68)	-1.66(- 2.37;-0.95)	9.7 (3.3)	11.5	11	-0.32	-0.38	0.001
	Anxiet y	11.9 (3.2)	-1.57(-2.28;- 0.87)	-1.08(- 1.83;-0.33)	11.3 (3.3)	11	11	-0.36	-0.24	0.000
Author / Tahun	Outco me	Intervention						p-value		
		Usual Care		Psychoeducation	Counselling Telephone		Psychoeducation + Counselling			
Sherm an (2012)	Stress	27.0		22.5	23.0		18.0		0.132	

Note:SD: standar deviasi, 95% CI: confident interval, NA: not available, APAD: Adapted Physical Activity & Diet Counselling Intervensi; * konseling individu by email, ** konseling individu by telepon, ***konseling individu tatap muka, ****peer konseling, *****group konseling

Lampiran 2

Registrasi Prospero

Dear Mrs Amir,

Thank you for submitting details of your systematic review "The effectiveness of counseling on mental health status in breast cancer diagnosis patients and treating chemotherapy: a systematic review" to the PROSPERO register. We are pleased to confirm that the record will be published on our website within the next hour.

Your registration number is: CRD42021287248

You are free to update the record at any time, all submitted changes will be displayed as the latest version with previous versions available to public view. Please also give brief details of the key changes in the Revision notes facility and remember to update your record when your review is published. You can log in to PROSPERO and access your records at <https://www.crd.york.ac.uk/PROSPERO>.

Comments and feedback on your experience of registering with PROSPERO are welcome at crd-register@york.ac.uk

Best wishes for the successful completion of your review.

Yours sincerely,

Connor Evans
PROSPERO Administrator

Lampiran 3



TINGGI ILMU KESEHATAN (STIKES) NANI HASANUDDIN MAKASSAR

Jl. Perjuangan Kemerdekaan III No. 24 Telp.(0411) 382104, Fax. (0411) 382104
Email: mflr@stikesnani.ac.id

REKOMENDASI PESETUJUAN ETIK

Nomer:0335/STIKES-NII/KEPK/XI/2021

Dengan ini menyatakan bahwa protocol dan dokumentasi yang berhubungan dengan protokol berikut ini telah mendapatkan persetujuan Etik.

No Protokol	SK no 674 STIKES-NII/BAU/X/2018	No. Sponsor Protokol	
IT Peneliti Utama	Nirmalaamir	Sponsor	Tidak Ada
Judul Penelitian	Efektifitas Konseling Terhadap Status Kesehatan Mental Pada Pasien Diagnosis Kanker Payudara dan Menjalani Kemoterapi. <i>Sistemayik Review</i>		
No. Versi Protokol		Tanggal Versi	15 November 2021
		Tanggal Versi	15 November 2021
Tempat	-		
Jenis Review	<input type="checkbox"/> Exempted <input checked="" type="checkbox"/> Expedited <input type="checkbox"/> Fullboard	Masa berlaku sejak terbitnya rekomendasi sampai penelitian berakhir	Frekuensi review lanjut
Ketua Komisi Etik Penelitian	Nama, Dr. Suarnanti, SKM.,S.Kep.,Ns.,M.Kes	Tanda Tangan	Tanggal
Skertaris Komisi Etik Penelitian	Nama Indah Restika BN, S.Kep.,Ns.,M.Kes	Tanda Tangan	Tanggal

Kewajiban Penelitian Utama:

- a) Menyerahkan Amandemen Protokol Untuk Persetujuan sebelum di implementasikan
- b) Menyerahkan laporan SAE ke komisi Etika 24 jam dan dilengkapi dalam 7 hari dan lapor SUSAR dalam 72 jam setelah peneliti utama menerima laporan
- c) Menyerahkan laporan kemajuan (progress report) setiap 6 bulan untuk penelitian resiko tinggi dan setiap setahun untuk penelitian resiko rendah
- d) Menyerahkan laporan akhir setelah penelitian berakhir
- e) Melaporkan penyimpangan dari protocol yang di setujui (protokol deviation/violation)

Mematuhi semua peraturan yang ditentukan No. Document : III-001/STIKES-NII/FRM/KEP
Tanggal : 01/01/2019
Revisi : 00

Lampiran 4

Notes (Include screenshot of search results.)

Embase

The screenshot shows the Embase search results page with the following details:

- Search Query:** 47 results for search #8
- Filters:** Results, View, Print, Export, Email, Add to Clipboard
- Sort Options:** Relevance, Author, Publication Year, Entry Date
- Results List:** Five items are listed, each with a checkbox, title, author(s), journal, and a "Similar records" link.
- Example Item 1:** Patient reported physical and mental health changes associated with a comprehensive cardiovascular risk reduction program for women with breast cancer receiving potentially cardiotoxic chemotherapy. Bradley M.G., Alomar M., Kilpatrick M.W., Shields B., Tran N., Best A., Bianco E., Armanious M., Vautier R.A., Kip K., Beckie T.M., Ismail-Khan R. *Cancer Oncology* 2021;7: Article Number 22.
- Example Item 2:** Virtual care in patients with cancer: A systematic review. Singh S., Fletcher G.G., Yao X., Sussman J. *Current Oncology* 2021;28:3 (348-350).
- Example Item 3:** Improvement in quality of life and psychological well-being associated with a culturally based psychosocial intervention for Chinese American breast cancer survivors. Lu Q., Chen L., Shin L.J., Wang C., Dawkins-Moutin L., Chu Q., Loh A., Young L., Wang C. *Supportive Care in Cancer* 2021;29:8 (4565-4573) Cited by: 0.
- Example Item 4:** Systematic rapid living review of the impact of the COVID-19 pandemic on cancer survivors: update to August 27, 2020. Jammu A.S., Chasen M.R., Lofters A.K., Bhargava R. *Supportive Care in Cancer* 2021;29:6 (2841-2850) Cited by: 0.
- Example Item 5:** A randomized trial of physical activity for cognitive functioning in breast cancer survivors: Rationale and study design of I CAN! Immune-Enhancing Activity After Cancer.

PubMed

The screenshot shows a PubMed search history with the following details:

- Search #16:** Search: (((("breast neoplasms"[MeSH Terms] OR breast cancer[Text Word]) AND ("drug therapy"[MeSH Terms] OR chemotherapy[Text Word])) AND ("counseling"[MeSH Terms] OR counseling[Text Word])) AND (("placebos"[MeSH Terms] OR placebo[Text Word])) OR ("methods"[MeSH Terms] OR intervention[Text Word]))) AND (("mental health"[MeSH Terms] OR mental health[Text Word] OR stress[All Fields] OR "anxiety"[MeSH Terms] OR anxiety[Text Word] OR "depressive disorder"[MeSH Terms]) OR ("depression"[MeSH Terms] OR depression[Text Word]))
- Search #14:** Search: ("mental health"[MeSH Terms] OR mental health[Text Word] OR stress[All Fields] OR "anxiety"[MeSH Terms] OR anxiety[Text Word] OR "depressive disorder"[MeSH Terms]) OR ("depression"[MeSH Terms] OR depression[Text Word])
Filters: Free full text, Randomized Controlled Trial, in the last 10 years, English Sort by: Most Recent

Cochrane Library

The screenshot shows the Cochrane Library's Advanced Search interface. At the top, there is a navigation bar with links for Cochrane Reviews, Trials, Clinical Answers, About, Help, and About Cochrane. The main search area has tabs for Search, Search manager, Medical terms (MeSH), and PICO search (BETA). Below the tabs are buttons for Save search, View saved searches, and Search help.

In the search results area, it says "Did you know you can now select fields from Search manager using the **S** button (next to the search box)? Search manager lets you add unlimited search lines, view results per line and access the MeSH browser using the new **MeSH** button." The search query consists of four terms connected by AND: "breast cancer", "chemotherapy", "counseling", and "mental health".

On the left, there are filters for Year (2021, 2020, 2019, 2018, 2017) and Date added to CENTRAL trials database (The last 3 months, The last 6 months, The last 9 months, The last year). There is also a Custom Range date selector and an Order by dropdown set to Relevancy.

The results summary at the top right shows: Cochrane Reviews 1, Cochrane Protocols 0, Trials 18, Editorials 0, Special Collections 0, Clinical Answers 0, and a More link. A note for COVID-19 related studies is present. The results list 18 trials matching the search criteria, with the first three detailed below:

- 1 Effect of psychological counseling plus meticulous care on posttraumatic growth and social support of patients with breast cancer undergoing chemotherapy
International journal of clinical and experimental medicine, 2020, 13(12), 9637-9645 | added to CENTRAL: 31 July 2021 | 2021 Issue 07 | Embase
- 2 Exploring the effectiveness of crisis counselling and psychoeducation in relation to improving mental wellbeing, quality of life and treatment compliance of breast cancer patients in Qatar
R Alzulaiman, S Bujassoum, A Bener, L Doodson, S Ghouloum, A Lemaux, H Bugrein, R Alasaam, A Karim
Annals of oncology, 2018, 29, viii560- | added to CENTRAL: 31 August 2019 | 2019 Issue 08 | Embase
- 3 Exploring the effectiveness of crisis counseling and psychoeducation in relation to improving mental well-being, quality of life and treatment compliance of breast cancer patients in Qatar

MEDLINE Ovid

	Results	Type	Actions	Annotations
<input type="checkbox"/> 1 [breast cancer and chemotherapy and counseling and mental health].mp. [mp=title, abstract, original title, name of substance word, subject heading word, floating sub-heading word, keyword heading word, organism supplementary concept word, protocol supplementary concept word, rare disease supplementary concept word, unique identifier, synonyms]	4	Advanced	Display Results More ▾	<input type="checkbox"/> Contract
<input type="checkbox"/> 2 breast cancer.mp.	299748	Advanced	Display Results More ▾	<input type="checkbox"/>
<input type="checkbox"/> 3 chemotherapy.mp.	481509	Advanced	Display Results More ▾	<input type="checkbox"/>
<input type="checkbox"/> 4 Counseling/	37625	Advanced	Display Results More ▾	<input type="checkbox"/>
<input type="checkbox"/> 5 Mental Health/	47434	Advanced	Display Results More ▾	<input type="checkbox"/>

Save Remove Combine with: AND OR

Save All Edit Create RSS Create Auto-Alert View Saved Email All Search History Copy Search History Link Copy Search History Details

To search Open Access content on Ovid, go to [Basic Search](#).

Result Number	Title	Abstract Reference	Complete Reference
1	Patient reported physical and mental health changes associated with a comprehensive cardiovascular risk reduction program for women with breast cancer receiving potentially cardiotoxic chemotherapy.	Find Similar	Find Citing Articles
2	Investigating the relationship between psychological hardness and resilience with depression in women with breast cancer.	Find Similar	Find Citing Articles
3	Peer mentorship to promote physical activity among cancer survivors: effects on quality of life.	Find Similar	Find Citing Articles

CINAHL [EBSCOhost]

New Search Publications CINAHL Subject Headings Evidence-Based Care Sheets Quick Lessons More · Sign In Folder Preferences Languages · Help

EBSCOhost Searching: CINAHL Complete Choose Databases

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S3	mental health	Expanders - Apply related words; Apply equivalent subjects Search modes - Find all my search terms	View Results (135,166) View Details Edit

Lampiran 5

LOA Accepted jurnal

<p style="text-align: center;"> JURNAL KEPERAWATAN KOMPREHENSIF (COMPREHENSIVE NURSING JOURNAL)</p>						
<p style="text-align: center;"><u>SURAT PERNYATAAN</u></p>						
<p>Yang bertanda tangan dibawah ini:</p>						
Nama	:	Tri Antika Rizki Kusuma Putri, M.Kep., Sp.Kep.M.B				
Jabatan	:	Ketua Dewan Redaksi Jurnal Keperawatan Komprehensif (JKK) STIKep PPNI Jawa Barat				
Institusi	:	STIKep PPNI Jawa Barat				
<p>Menyatakan bahwa:</p>						
Nama	:	Nirmala Amir				
Jabatan	:	Mahasiswa				
Institusi	:	Program Studi Magister Ilmu Keperawatan, Universitas Hasanuddin Makassar				
<p>Telah melakukan pengiriman artikel / sumbit artikel ke dewan redaksi Jurnal Keperawatan Komprehensif (JKK) STIKep PPNI Jawa Barat untuk diterbitkan dalam edisi selanjutnya pada bulan Januari 2022 dengan judul:</p>						
<p style="text-align: center;">"GUIDED IMAGERY TO IMPROVE MENTAL HEALTH IN CANCER PATIENTS WITH CHEMOTHERAPY: LITERATURE REVIEW"</p>						
<p>Demikian surat pernyataan ini dibuat dengan sebenar-benarnya.</p>						
<p style="text-align: right;">Mengetahui, Bandung, 25 Desember 2021</p>						
<p style="text-align: right;"> Ketua Dewan Redaksi JKK Tri Antika RKP, M.Kep., Sp.Kep.M.B NIDN. 0401019002</p>						

Lampiran 6

Pertanyaan Perbaikan dan saran penguji ujian proposal	
Penguji 1 Saldy yusuf, S.kep., Ns. MHS., Ph.D.,ETN	
<ol style="list-style-type: none"> 1. mengapa konseling yg mau di review? ada masalah apa pada modalitas yg lain? apa kelebihan konseling dibanding modalitas lain? 2. Apa maksud kemoterapi lebih lanjut 3. Tujuan ini tidak relevan dengan judul, sebab judul berorientasi pada hasil sedangkan kalimat ini berorientasi pada input dan proses 4. Orientasi review kemana, dan apa urgensiya di review lagi 5. Efek samping apa saja yang dijadikan kata kerja pencarian 6. Mengapa sudah ditentukan 8 artikel sebelum pencarian 7. apa definisi konseling dalam konteks review ini, bagaimana bila struktur dan process konseling berbeda2, apakah di inklusi secara homogen atau heterogen 8. keyword yang digunakan apakah itu mesh 9. apa yang membuat spesifik dan berbeda dengan terapi modalitas lainnya dan maksud dari <i>any intervention</i> 10. pada Analisa data kalo memang rencananya tidak sampai ke metaanalisis tidak perlu dituliskan RR, RRR 	<p>Rumusan masalah paragraph terakhir:hal 7</p> <p>Rumusan masalah paragraph terakhir Hal 7 Tujuan review hal 6</p> <p>Pada originalitas penelitian hal 8</p> <p>Bab3 strategi pencarian tabel keyword hal 45,46</p> <p>Pada kriteria inklusi hal 44</p> <p>Keyword pubmed hal 45,46</p> <p>Pada definisi operasional hal 55</p> <p>Hal 60</p>
Rini Rahmawaty, S.Kep., Ns., MN., PhD	
<ol style="list-style-type: none"> 1. apa maksud perawat sebagai konselor, tidak ada yang menggambarkan baik pada latar belakang dan tinjauan Pustaka aturan, atau PMK yang berlaku di Indonesia tentang intervensi ini? Perawat yang bagaimana memiliki kewenangan klinis ini? 2. Apa yang membedakan konseling ini dengan modalitas yang lain, pada tinjauan Pustaka tidak ada yang membahas hal ini? 	<p>Hal 4, hal 30</p> <p>Hal 32, 38, 39</p>
Kusrini Kadar, S.Kp., MN.,PhD	
1. apa perbedaan konseling dan edukasi	

<p>2. penulisan citasi yang tidak sesuai dengan APA</p> <p>3. tidak ada yang menjelaskan perawat yang seperti apa bisa sebagai konselor dalam memberikan konseling</p> <p>4. apakah semua pasien kemoterapi mengalami masalah kesehatan mental? Perjelas pada definisi operasional dan kriteria inklusi bahwa pasien yang diberikan konseling yang sudah mengalami masalah kesehatan mental</p> <p>5. penulisan reference yang tidak sesuai format APA</p>	<p>Pada bab1,2, dan 3 Bab 2 hal 38, 39 Hal 52, 59 Daftar pustaka</p>
<p>Pembimbing DR. Ariyanti Saleh</p> <ol style="list-style-type: none"> 1. lengkapi aturan perawat sebagai konselor, PMK 2. jelaskan intervensi lain selain konseling 	<p>Hal 4, hal 33 Bab 2, kerangka teori</p>
<p>Pembimbing Syahrul S.Kep., Ns., PhD</p>	
<ol style="list-style-type: none"> 1. tambahkan data Kesehatan mental 2. jelaskan intervensi selain konseling 3. pada table, balik any intervention dulu baru no intervention 	<p>Hal 2 Hal 5 Hal 40</p>

Pertanyaan Perbaikan dan saran pengujian ujian hasil	
Pengujian 1 Saldy Yusuf, S.Kep., Ns. MHS., Ph.D., ET	
<ol style="list-style-type: none"> 1. Pada judul indicator penilaian efektifitas apa? 2. Masalah penelitian belum jelas termasuk urgensinya 3. Apa saja outcome lain dari intervensi konseling 4. Apa keyword, Boolean pada PICO 5. Mengapa metode face to face, web, telephone, email, video yang diinklusi 6. Stress, cemas dan depresi sebagai outcome primer atau sekunder 7. Bagaimana cara mengidentifikasi apakah randomized clinical trial juga diinklusi 8. Grey literature dicari dimana saja? 9. Apa drug therapy sinonim dengan chemotherapy? 	<p>Halaman judul Halaman 5 Pada tujuan, hasil halaman 70 Halaman 46 Halaman 44, pembahasan hal 56 Halaman 43 Pada kriteria inklusi hal 44 Grey literature diganti secondary search Halaman 45 Picot pada halaman 45</p>

10. Ini keyword placebo apa pada PICOT? 11. Pada ringkasan hasil studi, tidak sesuai dengan outcome yg ditetapkan di PICOT 12. Pada ringkasan hasil studi Jangan menyajikan data yg tdk sesuai dengan tujuan review ini 13. Pada hasil Mana kalimat hasil yg menunjukkan tatap muka dan telpon yg efektif efektif → fakta → kuantitatif → angka → RR, OR, ARR dst 14. Pada kesimpulan apakah menjawab masalah dan tujuan penelitian	Halaman 67, outcome primer ada pada tabel 4.7 Halaman 59, ringkasan hasil studi menyajikan outcome dari semua artikel Terlihat pada tabel 4.6 dan tabel 4.7, halaman 66 dan 67 Halaman 80
Rini Rahmawaty, S.Kep., Ns., MN., PhD	
1. Jenis intervensi ini siapa yang melakukan, pada populasi kanker payudara stage dan usia berapa, apa target outcome, diambil dari RCT dengan level evidence yang bagaimana? 2. Metode mana yang efektif ?	Pada hasil tabel 4.6, dan tabel 4.7, halaman 66,67 Pembahasan halaman 73,74
Kusrini Kadar, S.Kp., MN.,PhD	
1. Grey literatur 2. Klasifikasikan model konseling ini cocok pada stadium dan usia berapa? 3. Efektivitas tipe konseling , siapa yang melakukan intervensi? 4. Rekomendasi yang applicable, dilihat dari kualitas paper, level of evidence, metode dan hasil	Diganti secondary search Pada hasil tabel 4.6, tabel 4.7 Halaman 66, 67 Hasil halaman 57, pembahasan halaman 77 Pada tabel halaman 66, pembahasan ha 74
Pembimbing Dr. Ariyanti Saleh S.Kp., M.Si 1. perbaiki penulisan	
Pembimbing Syahrul S.Kep., Ns., PhD	
1. Buatkan tabel domain outcome	Halaman 66,67

Lampiran 7

The PRISMA 2020 for Abstracts checklist

Section and Topic	Item #	Checklist item	Reported (Yes/No)
TITLE			
Title	1	Identify the report as a systematic review.	Yes
BACKGROUND			
Objectives	2	Provide an explicit statement of the main objective(s) or question(s) the review addresses.	Yes
METHODS			
Eligibility criteria	3	Specify the inclusion and exclusion criteria for the review.	Yes
Information sources	4	Specify the information sources (e.g., databases, registers) used to identify studies and the date when each was last searched.	Yes
Risk of bias	5	Specify the methods used to assess risk of bias in the included studies.	Yes
Synthesis of results	6	Specify the methods used to present and synthesise results.	Yes
RESULTS			
Included studies	7	Give the total number of included studies and participants and summarise relevant characteristics of studies.	
Synthesis of results	8	Present results for main outcomes, preferably indicating the number of included studies and participants for each. If meta-analysis was done, report the summary estimate and confidence/credible interval. If comparing groups, indicate the direction of the effect (i.e., which group is favoured).	Yes
DISCUSSION			
Limitations of evidence	9	Provide a brief summary of the limitations of the evidence included in the review (e.g., study risk of bias, inconsistency, and imprecision).	No
Interpretation	10	Provide a general interpretation of the results and important implications.	Yes
OTHER			
Funding	11	Specify the primary source of funding for the review.	No
Registration	12	Provide the register name and registration number.	No

Lampiran 8

The PRISMA 2020 Checklist

Section and Topic	Item #	Checklist item	Location where item is reported
TITLE			
Title	1	Identify the report as a systematic review.	1
ABSTRACT			
Abstract	2	See the PRISMA 2020 for Abstracts checklist.	lampiran
INTRODUCTION			
Rationale	3	Describe the rationale for the review in the context of existing knowledge.	3-4
Objectives	4	Provide an explicit statement of the objective(s) or question(s) the review addresses.	7-8
METHODS			
Eligibility criteria	5	Specify the inclusion and exclusion criteria for the review and how studies were grouped for the syntheses.	44-45
Information sources	6	Specify all databases, registers, websites, organisations, reference lists, and other sources searched or consulted to identify studies. Specify the date when each source was last searched or consulted.	44-52
Search strategy	7	Present the full search strategies for all databases, registers, and websites, including any filters and limits used.	45-50
Selection process	8	Specify the methods used to decide whether a study met the inclusion criteria of the review, including how many reviewers screened each record and each report retrieved, whether they worked independently, and, if applicable, details of automation tools used in the process.	51
Data collection process	9	Specify the methods used to collect data from reports, including how many reviewers collected data from each report, whether they worked independently, any processes for obtaining or confirming data from study investigators, and, if applicable, details of automation tools used in the process.	46-47
Data items	10a	List and define all outcomes for which data were sought. Specify whether all results that were compatible with each outcome domain in each study were sought (e.g., for all measures, time points, analyses), and if not, the methods used to decide which results to collect.	-
	10b	List and define all other variables for which data were sought (e.g., participant and intervention characteristics, funding sources). Describe any assumptions made about any missing or unclear information.	-
Study risk of bias assessment	11	Specify the methods used to assess risk of bias in the included studies, including details of the tool(s) used, how many reviewers assessed each study and whether they worked independently, and if applicable, details of automation tools used in the process.	51-52
Effect measures	12	Specify for each outcome the effect measure(s) (e.g., risk ratio, mean difference) used in the synthesis or presentation of results.	55,56,67

Synthesis methods	13a	Describe the processes used to decide which studies were eligible for each synthesis (e.g., tabulating the study intervention characteristics and comparing against the planned groups for each synthesis (item #5)).	50
	13b	Describe any methods required to prepare the data for presentation or synthesis, such as handling of missing summary statistics or data conversions.	-
	13c	Describe any methods used to tabulate or visually display results of individual studies and syntheses.	-
	13d	Describe any methods used to synthesize results and provide a rationale for the choice(s). If meta-analysis was performed, describe the model(s), method(s) to identify the presence and extent of statistical heterogeneity, and software package(s) used.	-
	13e	Describe any methods used to explore possible causes of heterogeneity among study results (e.g., subgroup analysis, meta-regression).	58-62
	13f	Describe any sensitivity analyses conducted to assess robustness of the synthesized results.	59-62
Reporting bias assessment	14	Describe any methods used to assess risk of bias due to missing results in a synthesis (arising from reporting biases).	56
Certainty assessment	15	Describe any methods used to assess certainty (or confidence) in the body of evidence for an outcome.	
Section and Topic	Item #	Checklist item	Location where item is reported
RESULTS			
Study selection	16a	Describe the results of the search and selection process, from the number of records identified in the search to the number of studies included in the review, ideally using a flow diagram.	55
	16b	Cite studies that might appear to meet the inclusion criteria but which were excluded, and explain why they were excluded.	53
Study characteristics	17	Cite each included study and present its characteristics.	51-54
Risk of bias in studies	18	Present assessments of risk of bias for each included study.	65
Results of individual studies	19	For all outcomes, present, for each study: (a) summary statistics for each group (where appropriate) and (b) an effect estimate and its precision (e.g. confidence/credible interval), ideally using structured tables or plots.	67
Results of syntheses	20a	For each synthesis, briefly summarise the characteristics and risk of bias among contributing studies.	56
	20b	Present results of all statistical syntheses conducted. If meta-analysis was done, present for each the summary estimate and its precision (e.g., confidence/credible interval) and measures of statistical heterogeneity. If comparing groups, describe the direction of the effect.	-
	20c	Present results of all investigations of possible causes of heterogeneity among study results.	61-62
	20d	Present results of all sensitivity analyses conducted to assess the robustness of the synthesized results.	62

Reporting biases	21	Present assessments of risk of bias due to missing results (arising from reporting biases) for each synthesis assessed.	60
Certainty of evidence	22	Present assessments of certainty (or confidence) in the body of evidence for each outcome assessed.	62
DISCUSSION			
Discussion	23a	Provide a general interpretation of the results in the context of other evidence.	71-72
	23b	Discuss any limitations of the evidence included in the review.	77
	23c	Discuss any limitations of the review processes used.	77
	23d	Discuss implications of the results for practice, policy, and future research.	76
OTHER INFORMATION			
Registration and protocol	24a	Provide registration information for the review, including register name and registration number, or state that the review was not registered.	51
	24b	Indicate where the review protocol can be accessed or state that a protocol was not prepared.	-
	24c	Describe and explain any amendments to information provided at registration or in the protocol.	51
Support	25	Describe sources of financial or non-financial support for the review and the role of the funders or sponsors in the review.	-
Competing interests	26	Declare any competing interests of review authors.	-
Availability of data, code, and other materials	27	Report which of the following are publicly available and where they can be found: template data collection forms; data extracted from included studies; data used for all analyses; analytic code; any other materials used in the review.	