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**LAMPIRAN**

## Lampiran 1. HASIL UJI NORMALITAS

|                    | Variabel            | Sig   | <b>Kesimpulan</b>                       |
|--------------------|---------------------|-------|-----------------------------------------|
| Pre<br>Intervensi  | <i>DTT 7menit</i>   | 0.794 | $P > 0,05$ (Terdistribusi Normal)       |
|                    | <i>DTT 15menit</i>  | 0.947 | $P > 0,05$ (Terdistribusi Normal)       |
|                    | <i>NaCl 7menit</i>  | 0.531 | $P > 0,05$ (Terdistribusi Normal)       |
|                    | <i>NaCl 15menit</i> | 0.013 | $P < 0,05$ (Tidak Terdistribusi Normal) |
| Post<br>Intervensi | <i>DTT 7menit</i>   | 0.666 | $P > 0,05$ (Terdistribusi Normal)       |
|                    | <i>DTT 15menit</i>  | 0.256 | $P > 0,05$ (Terdistribusi Normal)       |
|                    | <i>NaCl 7menit</i>  | 0.018 | $P < 0,05$ (Tidak Terdistribusi Normal) |
|                    | <i>NaCl 15menit</i> | 0.749 | $P > 0,05$ (Terdistribusi Normal)       |

*Shapiro Wilk\*\*\**

Pengambilan keputusan dari hasil uji normalitas adalah sebagai berikut:

- 1) Jika nilai *p-Value*  $> 0,05$  data berdistribusi normal.
- 2) Jika nilai *p-Value*  $< 0,05$  data berdistribusi tidak normal.

Berdasarkan hasil uji normalitas data *hasil pengukuran kadar IL-10 sebelum dan setelah dilakukan intervensi* diketahui bahwa terdapat data yang memiliki nilai *Sig*  $< 0,05$  maka dapat ditarik kesimpulan data *tidak berdistribusi normal*. Dari hasil uji normalitas tabel diatas maka hasil analisis statistik data diolah menggunakan uji *Kruskal Wallis*. sebab data tidak terdistribusi normal.

Lampiran 2. INSTRUMEN PENELITIAN (Lembar Observasi)

Penuntun penilaian *REEDA SCALE*

| <b>Nilai</b> | <b><i>Redness</i><br/>(Kemerahan)</b> | <b><i>Odema</i><br/>(Pembengkakan)</b> | <b><i>Ecchymosis</i><br/>(Bercak<br/>Perdarahan)</b> | <b><i>Discharge</i><br/>(Pengeluaran)</b> | <b><i>Approximation</i><br/>(Penyatuan Luka)</b>      |
|--------------|---------------------------------------|----------------------------------------|------------------------------------------------------|-------------------------------------------|-------------------------------------------------------|
| 0            | Tidak ada                             | Tidak ada                              | Tidak ada                                            | Tidak ada                                 | Tidak ada                                             |
| 1            | < 0.25 Cm pada daerah sekitar sayatan | < 1 Cm pada sayatan                    | < 0.25 Cm pada sayatan                               | Serum                                     | Jarak kulit 3mm                                       |
| 2            | < 0.5 Cm pada daerah sekitar sayatan  | 1 – 2 Cm pada sayatan                  | 0.25 – 1 Cm pada sayatan                             | Serosanguinus                             | Terdapat jarak antara kulit dan lemak subkutan        |
| 3            | >0.5 Cm pada daerah sekitar sayatan   | > 2 Cm pada sayatan                    | >1 Cm pada sayatan                                   | Berdarah Purulent                         | Terdapat jarak antara kulit, lemak subkutan dan fasia |







**Observasi Luka (intervensi garam 15 menit)**

| Lama perendaman dan Berat badan/perluasan luka                                                                                                          | Sampel | Pengamatan    | Observasi hari ke |   |   |   |   |   |   |   |   |    |                   |    |    |    |    |    |    |    |    |    |    |
|---------------------------------------------------------------------------------------------------------------------------------------------------------|--------|---------------|-------------------|---|---|---|---|---|---|---|---|----|-------------------|----|----|----|----|----|----|----|----|----|----|
|                                                                                                                                                         |        |               | 1                 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11                | 12 | 13 | 14 | 15 | 16 | 17 | 18 | 19 | 20 | 21 |
| <b>15 menit</b><br>H1= 1,5cm-176 gr<br>H2= 0,2cm-178 gr<br>H3= 0,4cm-178 gr<br>H4= 0,6cm-180 gr<br>H5= 0,9cm-182 gr<br>H6= 1,3 cm-183 gr<br>H7=0-184 gr | KI 0   | Redness       | 2                 | 2 | 2 | 1 | 1 | 1 | 0 |   |   |    |                   |    |    |    |    |    |    |    |    |    |    |
|                                                                                                                                                         | PG     | Edema         | 2                 | 2 | 2 | 1 | 1 | 0 | 0 |   |   |    |                   |    |    |    |    |    |    |    |    |    |    |
|                                                                                                                                                         |        | Ecchymosis    | 2                 | 2 | 1 | 1 | 1 | 0 | 0 |   |   |    | HISTO MINGGU KE 1 |    |    |    |    |    |    |    |    |    |    |
|                                                                                                                                                         |        | Discharge     | 1                 | 1 | 1 | 1 | 1 | 0 | 0 |   |   |    |                   |    |    |    |    |    |    |    |    |    |    |
|                                                                                                                                                         |        | Approximation | 2                 | 2 | 2 | 1 | 1 | 1 | 0 |   |   |    |                   |    |    |    |    |    |    |    |    |    |    |
|                                                                                                                                                         |        |               |                   |   |   |   |   |   |   |   |   |    |                   |    |    |    |    |    |    |    |    |    |    |
|                                                                                                                                                         |        |               |                   |   |   |   |   |   |   |   |   |    |                   |    |    |    |    |    |    |    |    |    |    |
|                                                                                                                                                         |        |               |                   |   |   |   |   |   |   |   |   |    |                   |    |    |    |    |    |    |    |    |    |    |
| H1= 1,5cm-188gr                                                                                                                                         | KI 1   | Redness       | 2                 | 2 | 2 | 1 | 1 | 1 | 0 | 0 | 0 | 0  | 0                 | 0  | 0  |    |    |    |    |    |    |    |    |
| H2= 1,5cm-190gr                                                                                                                                         | PG     | Edema         | 2                 | 2 | 1 | 1 | 1 | 0 | 0 | 0 | 0 | 0  | 0                 | 0  | 0  |    |    |    |    |    |    |    |    |
| H3=0,2cm-193gr                                                                                                                                          |        | Ecchymosis    | 2                 | 2 | 2 | 1 | 1 | 0 | 0 | 0 | 0 | 0  | 0                 | 0  | 0  |    |    |    |    |    |    |    |    |
| H4=0,4cm-195gr                                                                                                                                          |        | Discharge     | 1                 | 1 | 1 | 1 | 1 | 0 | 0 | 0 | 0 | 0  | 0                 | 0  | 0  |    |    |    |    |    |    |    |    |





**Observasi Luka (kontrol 7 menit)**

| Lama perendaman/BB/perluasan luka                                                      | Sampel | Pengamatan    | Observasi hari ke |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    |    |    |    |    |    |
|----------------------------------------------------------------------------------------|--------|---------------|-------------------|---|---|---|---|---|---|---|---|----|----|----|----|----|----|----|----|----|----|----|----|
|                                                                                        |        |               | 1                 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16 | 17 | 18 | 19 | 20 | 21 |
| 7 menit<br>H1=1,5cm-186gr<br>H2=1,5cm-187gr<br>H3=0,2cm-188gr                          | K 0    | Redness       | 2                 | 2 | 2 | 1 | 1 | 1 | 1 | 0 | 0 | 0  | 0  | 0  | 0  |    |    |    |    |    |    |    |    |
|                                                                                        | KP     | Edema         | 2                 | 2 | 1 | 1 | 1 | 0 | 0 | 0 | 0 | 0  | 0  | 0  | 0  |    |    |    |    |    |    |    |    |
|                                                                                        |        | Ecchymosis    | 2                 | 2 | 1 | 1 | 0 | 0 | 0 | 0 | 0 | 0  | 0  | 0  | 0  |    |    |    |    |    |    |    |    |
|                                                                                        |        | Discharge     | 1                 | 1 | 1 | 1 | 1 | 0 | 0 | 0 | 0 | 0  | 0  | 0  | 0  |    |    |    |    |    |    |    |    |
| H4=0,4cm-188gr<br>H5=0,6cm-190gr<br>H6=0,8cm-193gr<br>H7=1,0cm-194gr<br>H8=1,3cm-194gr |        | Approximation | 2                 | 2 | 1 | 1 | 1 | 1 | 1 | 1 | 0 | 0  | 0  | 0  | 0  |    |    |    |    |    |    |    |    |
|                                                                                        |        |               |                   |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    |    |    |    |    |    |
|                                                                                        |        |               |                   |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    |    |    |    |    |    |
|                                                                                        |        |               |                   |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    |    |    |    |    |    |
| H9=0-195gr<br>H1=1,5cm-174gr                                                           | K 0    | Redness       | 2                 | 2 | 2 | 1 | 1 | 1 | 0 | 0 | 0 | 0  | 0  | 0  | 0  |    |    |    |    |    |    |    |    |

|                |     |               |   |   |   |   |   |   |   |   |   |   |   |   |   |                   |  |  |  |  |  |
|----------------|-----|---------------|---|---|---|---|---|---|---|---|---|---|---|---|---|-------------------|--|--|--|--|--|
| H2=0,2cm-175gr | E   | Edema         | 2 | 2 | 1 | 1 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |                   |  |  |  |  |  |
| H3=0,4cm-175gr |     | Ecchymosis    | 2 | 2 | 1 | 1 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | HISTO MINGGU KE 1 |  |  |  |  |  |
| H4=0,6cm-177gr |     | Discharge     | 1 | 1 | 1 | 1 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |                   |  |  |  |  |  |
| H5=0,8cm-179gr |     | Approximation | 2 | 2 | 2 | 1 | 1 | 1 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |                   |  |  |  |  |  |
| H6=1,1cm-181gr |     |               |   |   |   |   |   |   |   |   |   |   |   |   |   |                   |  |  |  |  |  |
| H7=1,3cm-181gr |     |               |   |   |   |   |   |   |   |   |   |   |   |   |   |                   |  |  |  |  |  |
| H8=0-183gr     |     |               |   |   |   |   |   |   |   |   |   |   |   |   |   |                   |  |  |  |  |  |
| H1=1,5cm-166gr | K 1 | Redness       | 2 | 2 | 2 | 1 | 1 | 1 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |                   |  |  |  |  |  |
| H2=0,2cm-166gr | KP  | Edema         | 2 | 2 | 1 | 1 | 1 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |                   |  |  |  |  |  |
| H3=0,4cm-168gr |     | Ecchymosis    | 2 | 2 | 1 | 1 | 1 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | HISTO MINGGU KE 2 |  |  |  |  |  |
| H4=0,6cm-169gr |     | Discharge     | 1 | 1 | 1 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |                   |  |  |  |  |  |
| H5=0,8cm-171gr |     | Approximation | 2 | 2 | 2 | 1 | 1 | 1 | 1 | 0 | 0 | 0 | 0 | 0 | 0 |                   |  |  |  |  |  |
| H6=1,0cm-171gr |     |               |   |   |   |   |   |   |   |   |   |   |   |   |   |                   |  |  |  |  |  |
| H7=1,3cm-172gr |     |               |   |   |   |   |   |   |   |   |   |   |   |   |   |                   |  |  |  |  |  |
| H8=0-173gr     |     |               |   |   |   |   |   |   |   |   |   |   |   |   |   |                   |  |  |  |  |  |
| H1=1,5cm-182gr | K 1 | Redness       | 2 | 2 | 2 | 2 | 1 | 1 | 1 | 0 | 0 | 0 | 0 | 0 | 0 |                   |  |  |  |  |  |
| H2=1,5cm-184gr | E   | Edema         | 2 | 2 | 1 | 1 | 1 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |                   |  |  |  |  |  |

|                 |            |                      |   |   |   |   |   |   |   |   |   |   |   |   |   |  |  |  |  |  |  |
|-----------------|------------|----------------------|---|---|---|---|---|---|---|---|---|---|---|---|---|--|--|--|--|--|--|
| H3=0,2cm-186gr  |            | <b>Ecchymosis</b>    | 2 | 2 | 2 | 1 | 1 | 1 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |  |  |  |  |  |  |
| H4=0,5cm-188gr  |            | <b>Discharge</b>     | 1 | 1 | 1 | 1 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |  |  |  |  |  |  |
| H5=0,8cm-188gr  |            | <b>Approximation</b> | 2 | 2 | 1 | 1 | 1 | 1 | 1 | 1 | 0 | 0 | 0 | 0 | 0 |  |  |  |  |  |  |
| H6=1,0cm-190gr  |            |                      |   |   |   |   |   |   |   |   |   |   |   |   |   |  |  |  |  |  |  |
| H7=1,2cm-190gr  |            |                      |   |   |   |   |   |   |   |   |   |   |   |   |   |  |  |  |  |  |  |
| H8=1,4cm-192gr  |            |                      |   |   |   |   |   |   |   |   |   |   |   |   |   |  |  |  |  |  |  |
| H9=0-192gr      |            |                      |   |   |   |   |   |   |   |   |   |   |   |   |   |  |  |  |  |  |  |
| H1= 1,5cm-191gr | <b>K 2</b> | <b>Redness</b>       | 2 | 2 | 2 | 1 | 1 | 1 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |  |  |  |  |  |  |
| H2=1,5cm-192gr  | <b>KP</b>  | <b>Edema</b>         | 2 | 2 | 1 | 1 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |  |  |  |  |  |  |
| H3=0,2cm-194gr  |            | <b>Ecchymosis</b>    | 2 | 2 | 1 | 1 | 1 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |  |  |  |  |  |  |
| H4=0,3cm-194gr  |            | <b>Discharge</b>     | 1 | 1 | 1 | 1 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |  |  |  |  |  |  |
| H5=0,6cm-196gr  |            | <b>Approximation</b> | 2 | 2 | 2 | 1 | 1 | 1 | 1 | 1 | 0 | 0 | 0 | 0 | 0 |  |  |  |  |  |  |
| H6=0,8cm-197gr  |            |                      |   |   |   |   |   |   |   |   |   |   |   |   |   |  |  |  |  |  |  |
| H7=1,0cm-198gr  |            |                      |   |   |   |   |   |   |   |   |   |   |   |   |   |  |  |  |  |  |  |
| H8=1,3-198gr    |            |                      |   |   |   |   |   |   |   |   |   |   |   |   |   |  |  |  |  |  |  |
| H9=0-200gr      |            |                      |   |   |   |   |   |   |   |   |   |   |   |   |   |  |  |  |  |  |  |
| H1=1,5cm-158gr  | <b>K 2</b> | <b>Redness</b>       | 2 | 2 | 1 | 1 | 1 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |  |  |  |  |  |  |

|                 |   |               |   |   |   |   |   |   |   |   |   |   |   |   |   |  |  |  |  |  |  |  |
|-----------------|---|---------------|---|---|---|---|---|---|---|---|---|---|---|---|---|--|--|--|--|--|--|--|
| H2=0,2cm-159gr  | E | Edema         | 2 | 2 | 1 | 1 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |  |  |  |  |  |  |  |
| H3=0,4cm-160gr  |   | Ecchymosis    | 2 | 2 | 2 | 1 | 1 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |  |  |  |  |  |  |  |
| H4=0,6cm-162gr  |   | Discharge     | 1 | 1 | 1 | 1 | 1 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |  |  |  |  |  |  |  |
| H5=0,8cm-164gr  |   | Approximation | 2 | 2 | 1 | 1 | 1 | 1 | 1 | 0 | 0 | 0 | 0 | 0 | 0 |  |  |  |  |  |  |  |
| H6=1,0 cm-165gr |   |               |   |   |   |   |   |   |   |   |   |   |   |   |   |  |  |  |  |  |  |  |
| H7=1,3 cm-165gr |   |               |   |   |   |   |   |   |   |   |   |   |   |   |   |  |  |  |  |  |  |  |
| H8=0-167gr      |   |               |   |   |   |   |   |   |   |   |   |   |   |   |   |  |  |  |  |  |  |  |

*Observasi Luka (kontrol 15 menit)*

| Lama perendaman | Sampel | Pengamatan    | Observasi hari ke |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    |    |    |    |    |    |
|-----------------|--------|---------------|-------------------|---|---|---|---|---|---|---|---|----|----|----|----|----|----|----|----|----|----|----|----|
|                 |        |               | 1                 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16 | 17 | 18 | 19 | 20 | 21 |
| 15 menit        | K 0    | Redness       | 2                 | 2 | 2 | 2 | 1 | 1 | 0 | 0 | 0 | 0  | 0  | 0  | 0  |    |    |    |    |    |    |    |    |
| H1=1,5cm-165gr  | PG     | Edema         | 2                 | 2 | 2 | 1 | 1 | 1 | 0 | 0 | 0 | 0  | 0  | 0  | 0  |    |    |    |    |    |    |    |    |
| H2=1,5cm-168gr  |        | Ecchymosis    | 2                 | 2 | 1 | 1 | 1 | 0 | 0 | 0 | 0 | 0  | 0  | 0  | 0  |    |    |    |    |    |    |    |    |
| H3=0,1cm-168gr  |        | Discharge     | 1                 | 1 | 1 | 1 | 1 | 0 | 0 | 0 | 0 | 0  | 0  | 0  | 0  |    |    |    |    |    |    |    |    |
| H4=0,3cm-169gr  |        | Approximation | 2                 | 2 | 2 | 1 | 1 | 1 | 1 | 1 | 1 | 0  | 0  | 0  | 0  |    |    |    |    |    |    |    |    |

|                 |            |                      |          |          |          |          |          |          |          |          |          |          |                          |          |          |          |  |  |  |  |  |
|-----------------|------------|----------------------|----------|----------|----------|----------|----------|----------|----------|----------|----------|----------|--------------------------|----------|----------|----------|--|--|--|--|--|
| H5=0,5cm-172gr  |            |                      |          |          |          |          |          |          |          |          |          |          |                          |          |          |          |  |  |  |  |  |
| H6=0,7cm-172gr  |            |                      |          |          |          |          |          |          |          |          |          |          |                          |          |          |          |  |  |  |  |  |
| H7=1,0cm-174gr  |            |                      |          |          |          |          |          |          |          |          |          |          |                          |          |          |          |  |  |  |  |  |
| H8=1,2cm-176gr  |            |                      |          |          |          |          |          |          |          |          |          |          |                          |          |          |          |  |  |  |  |  |
| H9=1,4cm-176gr  |            |                      |          |          |          |          |          |          |          |          |          |          |                          |          |          |          |  |  |  |  |  |
| H10=0-177gr     |            |                      |          |          |          |          |          |          |          |          |          |          |                          |          |          |          |  |  |  |  |  |
| H1= 1,5cm-178gr | <b>K 0</b> | <b>Redness</b>       | <b>2</b> | <b>2</b> | <b>2</b> | <b>1</b> | <b>1</b> | <b>1</b> | <b>1</b> |          |          |          |                          |          |          |          |  |  |  |  |  |
| H2=0,2cm-179gr  | <b>TT</b>  | <b>Edema</b>         | <b>2</b> | <b>2</b> | <b>2</b> | <b>1</b> | <b>1</b> | <b>1</b> | <b>0</b> |          |          |          |                          |          |          |          |  |  |  |  |  |
| H3=0,4cm-180gr  |            | <b>Ecchymosis</b>    | <b>2</b> | <b>2</b> | <b>2</b> | <b>1</b> | <b>1</b> | <b>1</b> | <b>0</b> |          |          |          | <b>HISTO MINGGU KE 1</b> |          |          |          |  |  |  |  |  |
| H4=0,6cm-180gr  |            | <b>Discharge</b>     | <b>1</b> | <b>1</b> | <b>1</b> | <b>1</b> | <b>0</b> | <b>0</b> | <b>0</b> |          |          |          |                          |          |          |          |  |  |  |  |  |
| H5=0,8cm-183gr  |            | <b>Approximation</b> | <b>2</b> | <b>2</b> | <b>2</b> | <b>1</b> | <b>1</b> | <b>1</b> | <b>1</b> |          |          |          |                          |          |          |          |  |  |  |  |  |
| H6=1,0cm-184gr  |            |                      |          |          |          |          |          |          |          |          |          |          |                          |          |          |          |  |  |  |  |  |
| H7=1,3 cm-184gr |            |                      |          |          |          |          |          |          |          |          |          |          |                          |          |          |          |  |  |  |  |  |
| H1=1,5cm-173gr  | <b>K 1</b> | <b>Redness</b>       | <b>2</b> | <b>2</b> | <b>2</b> | <b>1</b> | <b>1</b> | <b>1</b> | <b>0</b> | <b>0</b> | <b>0</b> | <b>0</b> | <b>0</b>                 | <b>0</b> | <b>0</b> | <b>0</b> |  |  |  |  |  |
| H2=1,5cm-174gr  | <b>PG</b>  | <b>Edema</b>         | <b>2</b> | <b>2</b> | <b>1</b> | <b>1</b> | <b>1</b> | <b>0</b> | <b>0</b> | <b>0</b> | <b>0</b> | <b>0</b> | <b>0</b>                 | <b>0</b> | <b>0</b> | <b>0</b> |  |  |  |  |  |
| H3=0,2cm-175gr  |            | <b>Ecchymosis</b>    | <b>2</b> | <b>2</b> | <b>2</b> | <b>1</b> | <b>1</b> | <b>1</b> | <b>0</b> | <b>0</b> | <b>0</b> | <b>0</b> | <b>0</b>                 | <b>0</b> | <b>0</b> | <b>0</b> |  |  |  |  |  |
| H4=0,4cm-175gr  |            | <b>Discharge</b>     | <b>1</b> | <b>1</b> | <b>1</b> | <b>1</b> | <b>1</b> | <b>0</b> | <b>0</b> | <b>0</b> | <b>0</b> | <b>0</b> | <b>0</b>                 | <b>0</b> | <b>0</b> | <b>0</b> |  |  |  |  |  |





### Lampiran 3. HASIL UJI ANALISIS STATISTIK

#### Kruskal-Wallis Test

##### Ranks

| KELOMPOK |                  | N  | Mean Rank |
|----------|------------------|----|-----------|
| PRE TEST | DTT 7 MENIT      | 6  | 71.295    |
|          | DTT 15 MENIT     | 6  | 70.722    |
|          | NaCl 7% 7 MENIT  | 6  | 70.726    |
|          | NaCl 7% 15 MENIT | 6  | 70.604    |
|          | Total            | 24 |           |
| POS TEST | DTT 7 MENIT      | 6  | 73.982    |
|          | DTT 15 MENIT     | 6  | 71.640    |
|          | NaCl 7% 7 MENIT  | 6  | 75.841    |
|          | NaCl 7% 15 MENIT | 6  | 74.689    |
|          | Total            | 24 |           |

##### Test Statistics<sup>a,b</sup>

|                | PRE TEST | POS TEST |
|----------------|----------|----------|
| Kruskal Wallis | 4.367    | 1.060    |
| df             | 3        | 3        |
| Asymp. Sig.    | .224     | .018     |

a. Kruskal Wallis Test

b. Grouping Variable: KELOMPOK

## Kelompok pre post kontrol dan intervensi

### Case Processing Summary

| KELOMPOK |                  | Cases |         |         |         |       |         |
|----------|------------------|-------|---------|---------|---------|-------|---------|
|          |                  | Valid |         | Missing |         | Total |         |
|          |                  | N     | Percent | N       | Percent | N     | Percent |
| PRE TEST | DTT 7 MENIT      | 6     | 100.0%  | 0       | .0%     | 6     | 100.0%  |
|          | DTT 15 MENIT     | 6     | 100.0%  | 0       | .0%     | 6     | 100.0%  |
|          | NaCl 7% 7 MENIT  | 6     | 100.0%  | 0       | .0%     | 6     | 100.0%  |
|          | NaCl 7% 15 MENIT | 6     | 100.0%  | 0       | .0%     | 6     | 100.0%  |
| POS TEST | DTT 7 MENIT      | 6     | 100.0%  | 0       | .0%     | 6     | 100.0%  |
|          | DTT 15 MENIT     | 6     | 100.0%  | 0       | .0%     | 6     | 100.0%  |
|          | NaCl 7% 7 MENIT  | 6     | 100.0%  | 0       | .0%     | 6     | 100.0%  |
|          | NaCl 7% 15 MENIT | 6     | 100.0%  | 0       | .0%     | 6     | 100.0%  |

**Tests of Normality**

| KELOMPOK |                  | Kolmogorov-Smirnov <sup>a</sup> |    |       | Shapiro-Wilk |    |      |
|----------|------------------|---------------------------------|----|-------|--------------|----|------|
|          |                  | Statistic                       | df | Sig.  | Statistic    | df | Sig. |
| PRE TEST | DTT 7 MENIT      | .163                            | 6  | .200* | .957         | 6  | .794 |
|          | DTT 15 MENIT     | .180                            | 6  | .200* | .979         | 6  | .947 |
|          | NaCl 7% 7 MENIT  | .188                            | 6  | .200* | .924         | 6  | .531 |
|          | NaCl 7% 15 MENIT | .297                            | 6  | .107  | .731         | 6  | .013 |
| POS TEST | DTT 7 MENIT      | .180                            | 6  | .200* | .941         | 6  | .666 |
|          | DTT 15 MENIT     | .228                            | 6  | .200* | .877         | 6  | .256 |
|          | NaCl 7% 7 MENIT  | .305                            | 6  | .085  | .745         | 6  | .018 |
|          | NaCl 7% 15 MENIT | .225                            | 6  | .200* | .951         | 6  | .749 |

a. Lilliefors Significance Correction

\*. This is a lower bound of the true significance.

Lampiran 4. MASTER TABEL

| Kelompok Kontrol |          |          |          | Kelompok Intervensi |          |          |          |
|------------------|----------|----------|----------|---------------------|----------|----------|----------|
| 7 menit          |          | 15 menit |          | 7 menit             |          | 15 menit |          |
| Pre              | Post     | Pre      | Post     | Pre                 | Post     | Pre      | Post     |
| 123.9009         | 175.1943 | 122.9323 | 204.8831 | 177.8927            | 308.1452 | 158.9463 | 180.0595 |
| 128.9446         | 376.3501 | 109.2269 | 242.4628 | 75.2110             | 134.0998 | 216.8853 | 144.8966 |
| 120.6353         | 164.8754 | 134.4014 | 137.6376 | 107.3117            | 198.8415 | 150.4963 | 230.8718 |
| 173.3420         | 154.6899 | 108.5112 | 158.3373 | 110.6918            | 251.6236 | 95.6823  | 151.3711 |
| 114.8416         | 139.7516 | 282.6016 | 249.8617 | 433.1507            | 169.8651 | 197.5314 | 162.1515 |
| 162.8495         | 183.7494 | 103.0484 | 120.3839 | 165.8827            | 190.8272 | 178.8273 | 201.2383 |

## Lampiran 5. SURAT IZIN ETIK PENELITIAN



KEMENTERIAN PENDIDIKAN DAN KEBUDAYAAN  
 UNIVERSITAS HASANUDDIN FAKULTAS KEDOKTERAN  
 KOMITE ETIK PENELITIAN KESEHATAN  
 RSPTN UNIVERSITAS HASANUDDIN  
 RSUP Dr. WAHIDIN SUDIROHUSODO MAKASSAR  
 Sekretariat : Lantai 2 Gedung Laboratorium Terpadu  
 JL.PERINTIS KEMERDEKAAN KAMPUS TAMALANREA KM.10 MAKASSAR 90245.  
 Contact Person: dr. AgusSalim Bukhari, M.Med,PhD, SpCK. TELP. 081243850058, 0411 5780103, Fax : 0411-589431



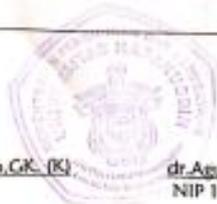
Keputusan Protokol Amandemen  
 No.240/UN4.6.4.5.31/PP36/2021

Nomor Protokol : UH21020094

|                                        |  |                                                                                                                                                                                                                                                                                                                                                                                                        |  |                                     |   |   |   |   |
|----------------------------------------|--|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--|-------------------------------------|---|---|---|---|
| Judul Protokol :                       |  | Pengaruh Pemberian Ekstrak Garam Rakyat Konsentrasi 7% Terhadap Kadar IL-10 pada Jaringan Kulit Luka Sayatan Kelinci yang Diinduksi Bakteri Staphylococcus Aureus                                                                                                                                                                                                                                      |  |                                     |   |   |   |   |
| Menjadi :                              |  | Pengaruh Pemberian Ekstrak Garam Rakyat Konsentrasi 7% Terhadap Kadar Sitokin IL-10 pada Luka Sayatan Tikus Betina Strain Galur Wistar yang Diinduksi Bakteri Staphylococcus Aureus                                                                                                                                                                                                                    |  |                                     |   |   |   |   |
| Nama Peneliti                          |  | : Eka Setlawati,S,ST                                                                                                                                                                                                                                                                                                                                                                                   |  |                                     |   |   |   |   |
| Institusi                              |  | : S2 Kebidanan Universitas Hasanuddin                                                                                                                                                                                                                                                                                                                                                                  |  |                                     |   |   |   |   |
| Review Protokol Amandemen              |  | Tanggal review sebelumnya 17 Maret 2021                                                                                                                                                                                                                                                                                                                                                                |  |                                     |   |   |   |   |
| Ya <input checked="" type="checkbox"/> |  | Tidak <input type="checkbox"/>                                                                                                                                                                                                                                                                                                                                                                         |  |                                     |   |   |   |   |
| Keputusan                              |  | <input checked="" type="checkbox"/> Disetujui<br><input type="checkbox"/> Disetujui dengan Modifikasi amandemen dan informed consent<br><input type="checkbox"/> Dihentikan, sambil menunggu informasi lanjut (3)<br><input type="checkbox"/> Butuh informasi lanjut, tetap berjalan dengan protokol sebelumnya (4)<br><input type="checkbox"/> Ditolak, bisa lanjut dengan persetujuan sebelumnya (5) |  |                                     |   |   |   |   |
| Tempat Penelitian :                    |  | RS Universitas Hasanuddin, Fakultas Farmasi, Fakultas Kelautan, dan Fakultas MIPA Universitas Hasanuddin Makassar                                                                                                                                                                                                                                                                                      |  |                                     |   |   |   |   |
| No. Versi Protokol                     |  | 01                                                                                                                                                                                                                                                                                                                                                                                                     |  |                                     |   |   |   |   |
| No. Versi Informed Consent             |  | -                                                                                                                                                                                                                                                                                                                                                                                                      |  |                                     |   |   |   |   |
| No.                                    |  | Nama Reviewer                                                                                                                                                                                                                                                                                                                                                                                          |  | Keputusan                           |   |   |   |   |
|                                        |  |                                                                                                                                                                                                                                                                                                                                                                                                        |  | 1                                   | 2 | 3 | 4 | 5 |
| 1                                      |  |                                                                                                                                                                                                                                                                                                                                                                                                        |  | <input checked="" type="checkbox"/> |   |   |   |   |

Ketua

Prof. Dr. dr. Suryani As'ad, M.Sc, Sp.GK (K)  
 NIP 19600504 1986 01 2 002



Makassar, 13 April 2021

Sekretaris

dr. AgusSalim Bukhari, M.Med,PhD,Sp.GK(K)  
 NIP 197008021 1999 03 1 001

## LAMPIRAN 6. SURAT IZIN PENELITIAN



KEMENTERIAN PENDIDIKAN DAN KEBUDAYAAN  
UNIVERSITAS HASANUDDIN  
SEKOLAH PASCASARJANA

Jalan Perintis Kemerdekaan km. 10 Makassar 90245  
Telp. : (0411) 585034, 585036 Fax. : (0411) 585868  
E-mail : info@pascas.unhas.ac.id, http://pascas.unhas.ac.id

Nomor : 189/UN4.20.1/PT.01.04/2021  
Perihal : Permohonan Izin Penggunaan Laboratorium

14 April 2021

Yth. Direktur Utama Rumah Sakit Universitas Hasanuddin

Makassar

Dengan hormat disampaikan bahwa beberapa mahasiswa Sekolah Pascasarjana Universitas Hasanuddin Program Magister Ilmu Kebidanan, bermaksud menggunakan Laboratorium untuk melakukan penelitian dalam rangka persiapan penulisan tesis.

Sehubungan dengan hal tersebut, mohon kesediaan Bapak untuk memberikan izin kepada mahasiswa tersebut menggunakan Laboratorium Mikrobiologi RSP yang ada pada Rumah Sakit Universitas Hasanuddin.

Adapun mahasiswa yang akan menggunakan laboratorium sebagai berikut:

| No. | Nama          | NIM          | Judul                                                                                                                                                                                        |
|-----|---------------|--------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 1.  | Eka Setiawati | P102191008   | Pengaruh pemberian ekstrak garam rakyat konsentrasi 7% terhadap kadar il-10 pada jaringan kulit luka sayatan Tikus Betina Strain Galur Wistar yang di induksi bakteri Staphylococcus Aureus. |
| 2.  | Jumriani      | P10219100839 | Pengaruh pemberian ekstrak garam rakyat 7% terhadap kadar interleukin 6(IL-6) Pada luka sayatan Tikus Betina Strain Galur Wistar yang diinduksi bakteri staphylococcus Aureus.               |

Atas perkenan dan kerjasamanya diucapkan terima kasih.

Dekan,  
Yth. Wakil Dekan Bidang Akademik,  
KEMENTERIAN PENDIDIKAN DAN KEBUDAYAAN  
UNIVERSITAS HASANUDDIN  
Makassar  
Prof. Dr. Ing. Herman Parung, M.Eng.  
NIP. 41020791987031001

Tembusan Yth:

1. Dekan SPs Unhas "sebagai laporan"
2. Kepala Laboratorium Mikrobiologi RSP Unhas
3. Mahasiswa yang bersangkutan
4. Arsip

## Lampiran 7. SURAT IZIN UJI KANDUNGAN GARAM

|                                                                                                                            |                                |                                           |
|----------------------------------------------------------------------------------------------------------------------------|--------------------------------|-------------------------------------------|
| <br><b>LAB. PPS FMIPA</b><br><b>UNHAS</b> | <b>FORMULIR NO: 1</b>          | <b>Tanggal Berlaku :</b><br>29 April 2021 |
|                                                                                                                            | <b>LAPORAN HASIL PENGUJIAN</b> | <b>Edisi/Revisi Ke : 1/0</b>              |
|                                                                                                                            |                                | <b>Halaman : 3</b>                        |

**LAPORAN HASIL PENGUJIAN**  
*CERTIFICATE OF ANALYSIS*

Dipersembahkan Kepada  
*Presented To*

**Kepada Yth**

|                                         |                                                      |
|-----------------------------------------|------------------------------------------------------|
| <b>Nama Pelanggan :</b> Eka Setiawati   | <b>Tujuan Pengujian :</b> Mendeteksi adanya          |
| <i>Customer Name</i> <b>Jumriani</b>    | <i>Purpose of analysis</i> <b>bakteri pada garam</b> |
| <b>Maghfirah Idrus</b>                  | <b>rakyat</b>                                        |
| <b>Rika</b>                             |                                                      |
| <b>Alamat :</b> SPs. Unhas Prodi Ilmu   | <b>No. Faks/ Fax No. :</b> 0813 54787828             |
| <i>Address</i> <b>Kebidanan</b>         | <b>No. Telp/ Phone No.</b>                           |
| <b>Tanggal Sampel</b>                   | <b>Tanggal Sampel</b>                                |
| <b>Diterima :</b> 23 April 2021         | <b>Dianalisis :</b> 26 April 2021                    |
| <i>Date of Sample</i>                   | <i>Date of Sample</i>                                |
| <i>Receipt</i>                          | <i>Analyzed</i>                                      |
| <b>Email :</b> -                        | <b>Total Halaman :</b> 3                             |
| <b>Nama Pengujian :</b> Deteksi bakteri |                                                      |
| <i>Name of analysis</i>                 |                                                      |

Makassar, 29 April 2021



## Lampiran 8. SURAT IZIN TELAH MEYELESAIKAN PENELITIAN

|                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |                                                                                     |
|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|
| <br><b>RUMAH SAKIT UNHAS</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         | <b>SURAT KETERANGAN SEMENTARA<br/>SELESAI PENGAMBILAN DATA/ANALISA BAHAN HAYATI</b> |
|                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       | Diterbitkan oleh<br><b>Laboratorium Penelitian</b>                                  |
| <b>FORMULIR<br/>3<br/>BIDANG<br/>PENELITIAN DAN INOVASI</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           | Diturunkan kepada<br><b>KEPALA BIDANG<br/>PENELITIAN DAN INOVASI</b>                |
| Dengan hormat,<br>Dengan ini menerangkan bahwa peneliti/ mahasiswa berikut ini:<br>Nama : Eka Setiawati<br>NIM / NIP : P102191008<br>Institusi : S2 Ilmu Kebidanan, Pascasarjana, Universitas Hasanuddin<br>Makassar<br>Kode penelitian : 210420_1<br><br><b>TELAH SELESAI</b> melakukan pengambilan data/ analisa bahan hayati<br>Pada tanggal :<br>Jumlah Subjek : 42 reagent/sampel<br>Jenis Data : Hasil ELISA<br>Dengan nama pendamping/ pembimbing<br>Staff : Subhidayah<br>Konsultan :<br><br><b>Surat keterangan ini juga merupakan penjelasan bahwa peneliti/mahasiswa di atas tidak mempunyai sangkutan lagi pada unit/ instalasi kami</b><br>Kepala Ruang<br><br>Subhidayah<br>NIP.<br><br>Catatan:<br>1. Lembaran ini agar diisi dan diberikan kepada mahasiswa/peneliti untuk diserahkan kepada Bidang Penelitian dan Inovasi setelah pengambilan data / analisa bahan hayati selesai<br>2. Surat pengantar ini berlaku 2 x 24 jam hari kerja di unit penelitian RSUD |                                                                                     |

## Lampiran 9. DOKUMENTASI PENELITIAN

### PROSES PEMBUATAN LARUTAN GARAM RAKYAT KONSENTRASI 7%, UJI pH GARAM DAN UJI KULTUR BAKTERI



### PROSES INDUKSI BAKTERI



### PROSES PERENDAMAN AIR DTT DAN GARAM 7%



### PENGAMBILAN SAMPEL SERUM DARAH



### PENGUKURAN KADAR IL-10



## Lampiran 10

### CURRICULUM VITAE



**EKA SETIAWATI** lahir di Sulawesi Tenggara tepatnya di Kabupaten Konawe, Kecamatan Lambuya Desa Asaki pada tanggal 15 Desember 1991. Penulis merupakan anak pertama dari dua bersaudara. Berdarah Tolaki dan dibesarkan ditanah kelahirannya tepatnya di Desa Asaki Kecamatan Lambuya Kabupaten Konawe. Pendidikan penulis dimulai di SDN 3 Lambuya tahun 1998-2004, kemudian di SMPN 1 Lambuya tahun 2004-2007, SMAN 1 Lambuya tahun 2007-2010, kemudian penulis melanjutkan pendidikan DIII Kebidanan di Politeknik Kesehatan Kendari tahun 2010-2013, DIV Bidan Pendidik di Universitas Respati Yogyakarta tahun 2015-2017. Pada tahun 2019 penulis kembali melanjutkan pendidikan jenjang Magister di Prodi Ilmu Kebidanan Sekolah Pascasarjana Universitas Hasanuddin Makassar. Saat ini penulis telah melakukan Publikasi Jurnal “The Influence of 7% Table Salt Extract on Il-10 Cytokine Levels In Incision Wounds of Female Wistar Rats Induced by Staphylococcus Aureus Bacteria”, terbit di **Turkish Journal of Physiotherapy and Rehabilitation**, terindeks **Scopus** yang terbit pada tanggal 9 Agustus 2021.